

Why Do Some People Beat the Odds against Pancreatic Cancer?

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By Matthew Tontono, Wednesday, November 8, 2017



The pancreas (orange) is a small digestive organ located near the stomach. Pancreatic tumors are hard to detect early and are not easily treated with surgery or chemotherapy once they spread to other organs.

Summary

Pancreatic ductal adenocarcinoma, the most common type of [pancreatic cancer](#), is a notoriously lethal disease. Findings from a study of rare long-term survivors may hold clues for

designing better treatments.

Just 7% of people with pancreatic cancer survive more than five years. Less than 2% are alive after ten years.

Yet among these dismal statistics is a faint glimmer of hope. Some people with pancreatic cancer manage to beat the odds, surviving for many years after their initial diagnosis — maybe even long enough for doctors to use the word “cure.”

“Nobody knows why these patients live longer than other people with pancreatic cancer,” says [Vinod Balachandran](#), a surgeon-scientist affiliated with the [David M. Rubenstein Center for Pancreatic Cancer Research](#) and a member of the [Parker Institute for Cancer Immunotherapy](#) at Memorial Sloan Kettering who specializes in the disease. “But something is clearly setting them apart.”

In a study, he and his colleagues set out to identify what that something is. Suspecting that the immune system might be involved, they looked at the number of immune cells present in a tumor and found the more immune cells, the longer the survival.

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Vinod P. Balachandran
surgeon-scientist



What’s more, they were able to identify the particular components of the tumor that drew those immune cells in. The results, [reported in the journal *Nature*](#), have implications for the design of more-effective [immunotherapies](#) for people with all types of cancer, including the deadly pancreatic cancer.

Uncloak and Dagger

Dr. Balachandran and his colleagues, including [Jedd Wolchok](#), Timothy Chan, Steven Leach, and [Taha Merghoub](#), looked at patients whose pancreatic tumors were surgically removed and who in some cases received subsequent [chemotherapy](#). Compared with pancreatic tumors from people who had low survival rates, tumors from long-term survivors (average survival of six years) had nearly 12 times the number of immune cells called T cells inside them.

T cells are specialized at distinguishing foreign invaders, like infections and cancer, from normal body cells. They recognize bits of proteins on the cells' surface called antigens, which serve as a kind of molecular fingerprint.

Dr. Balachandran and his team took a closer look at the antigens found in the tumors. They focused on a subset of these called [neoantigens](#), which cancer cells accumulate as a result of mutations when they divide. The group discovered that tumors of long-term survivors contained particularly good neoantigens — ones that T cells could recognize as foreign. As Dr. Balachandran explains, these neoantigens may have, in effect, uncloaked the tumors to T cells, allowing T cells to attack and kill them.

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Even more striking, T cells recognizing these neoantigens were present in the blood of long-term survivors up to 12 years after the tumors had been removed by surgery. This result suggests that the immune system in these people had generated long-lasting “memory” of the cancer and was keeping it in check. “We think that these long-term survivors highlight how neoantigens can be used in generating long-lasting immune responses against tumors,” Dr. Balachandran says.

An advantage of the study was its relatively large size. “Before our work, the largest study looking at long-term survivors of pancreatic cancer had only eight patients,” Dr. Balachandran says. “We had 82.”

To further define what makes a good neoantigen, the MSK team joined up with computational biologists Benjamin Greenbaum and Marta Luksza from the Icahn School of Medicine at Mount Sinai. They built an algorithm to predict the best neoantigens out of the many possible ones. These results were reported in a separate article, also [published in *Nature*](#).

Boosting Immune Responses

Therapeutic cancer vaccines train your body to protect itself against its own damaged or abnormal cells — including cancer cells.

Knowing what the immune system is seeing in particular tumors opens the door to therapeutic approaches geared toward deliberately focusing on these targets. For example, doctors could make a [therapeutic cancer vaccine](#) composed of several distinctive neoantigens identified from a patient's own tumor. A form of personalized immunotherapy, this type of vaccine would help boost the immune system against those targets that are most likely to generate an effective and lasting immune response. Recent reports have demonstrated the feasibility of this approach in people with other cancers.

“We think our findings are a step forward in being able to predict rationally which neoantigens will be the most effective at stimulating an immune response,” he says. “We envision using these results to design more effective cancer vaccines to be used in combination with other immune therapies.”

The team is now engaging with the pharmaceutical companies Genentech and BioNTech to determine how to use these insights in [clinical trials](#) evaluating personalized neoantigen vaccines in a spectrum of cancers, including pancreatic cancer and [melanoma](#). “We are determined to move this forward to clinical trials as quickly as possible,” Dr. Balachandran says.

Pancreatic Cancer Clinical Trials & Research

Through clinical trials, we're studying new approaches to treating pancreatic cancer and coming closer to finding promising solutions.

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